

Siltasairaalan lounasravintola

Aamiainen
klo 8.00–10.00 (ma-pe)

Lounas
klo 10.30–15.30 (ma-pe)
klo 10.30–14.30 (la-su)

Wokkipiste
klo 10.30–14.00 (ma-pe)

siltaravintola@hus.fi
Haartmaninkatu 4, 00290, HUS Helsinki



THURSDAY 10/30/2025

Breakfast

Wheat flake porridge L, NO-MILK, VEGETARIAN, VEGAN Egg L, G, NO-MILK, VEGETARIAN Cocktail frankfurter L, G, NO-MILK Roasted tomatoes L, G, NO-MILK, VEGETARIAN Tomato slice L, G, NO-MILK, VEGETARIAN, VEGAN Cucumber slice L, G, NO-MILK, VEGETARIAN, VEGAN Ice lettuce, washed leaves L, G, NO-MILK, VEGETARIAN Red bell pepper L, G, NO-MILK, VEGETARIAN, VEGAN Oltermanni cheese L, G, VEGETARIAN Salami L, G, NO-MILK Turkey schnitzel L, G, NO-MILK, VEGETARIAN Plain yogurt L, G, VEGETARIAN Muesli L, NO-MILK, VEGETARIAN, VEGAN Seed mix L, G, NO-MILK, VEGETARIAN, VEGAN Fruit cubes L, G, NO-MILK, VEGETARIAN, VEGAN Peanuts L, G, NO-MILK, VEGETARIAN, VEGAN Mansikkamarmeladi L, G, NO-MILK Menu orange juice 1l L, G, NO-MILK Tropic Apple juice 100% 1L L, G, NO-MILK

Vegetarian lunch

Vegetable gabbage roll L, G, NO-MILK, VEGETARIAN, VEGAN Crushed lingonberries L, G, NO-MILK, VEGETARIAN, VEGAN Cottage cheese L, G, VEGETARIAN

Lunch 1

Karelian stew L, G, NO-MILK

Lunch 2

Tomato goat cheese pasta L, VEGETARIAN

Dessert

Oven pancake L, VEGETARIAN Raspberry jam L, G, NO-MILK, VEGETARIAN

Wokki

Pasta arrabiata with chorizo meatballs | Pasta arrabiata with roasted eggplant L